



# Getting from Burned-Out To Pumped-Up!

## How to Pursue Passion to Stifle Stress

### “The Man in the Moon Shadow”

Dave Balch is a *nut!* He traveled halfway around the world to see a total eclipse of the sun that only lasted 40 seconds! And, he intends to go to every total eclipse for the rest of his life no matter where they occur. In his “real” life, he generated over \$5 million from a home-based software business, and he is absolutely convinced that his passion was a significant factor in that success by keeping stress levels low and energy levels high. Plus, passion was a major coping strategy while he was caregiver for his wife during her nine-month battle with breast cancer.

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“Well-communicated, motivating and fun. (I observed many audience members jotting down notes.) You definitely inspired us.”

Jodi Bernstein, Corporate Recruiter  
Headway Corporate Staffing Services

“Great job! The visuals were great and well received. I heard several ‘Wow!’s and ‘Whoa!’s around me.”

VJ Sleight  
Total Financial Services

“It moved me; I almost cried (that’s good!). It made me want to dream, live, and practice my passion.”

Terry Hazen, Executive Director  
Tender Life Maternity & Transition Home

“You took an unusual topic and made it exciting, powerful, dynamic, and kept your audience locked in on your high energy and positive delivery. You were brilliant.”

Jim Zinger, CSP  
Hypnovation, Inc.

**Is your group working too much or too hard (or both)?** Burn-out is serious business that affects life in general, and business in particular; reverse it by encouraging them to pursue their passions. Many people don’t realize that their interests are actually within reach; when they do, they enjoy renewed energy and enthusiasm in all parts of their lives, *including the workplace*. Dave knows, because his passion for solar eclipses has had a profound effect on his own life, keeping his stress levels in check, contributing to his business success, and helping to keep his sanity while caring for his wife during her battle with breast cancer. In this unique and memorable program, Dave illustrates this concept using examples from his own life as well as others’.

Your audience will learn:

- how to identify their own passions
- that pursuit of passion is “doable,” not just a pipe dream
- how to take action, step-by-step
- how passions soothe stressed minds and bodies
- the profound effects that passions will have on their lives, whether they are stressed by work, cancer, caregiving, or anything else!

**More passion at leisure means  
more effective at work and at home!**

**Exciting eclipse video, slides, and music inspire and  
encourage everyone to get started right away!**

**Call now to book this unique program  
for your next event!**

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